Permit Phase Training (PPT)
Pre-Training Skills Assessment Form

Name _____ Course Number _____

Area of knowledge / skill	**I can do**	**I can't do**
State the Cub Promise		
State the Cub Law		
State the Cub Motto		
Demonstrate the left handshake		
Demonstrate the Cub salute and explain when it is used		
Demonstrate the Grand Howl and explain when it is used		
Tell the story of how Baden-Powell started Scouting and Cubs		
Tell the story of Mowli's Brothers		
Explain the Cub Outdoor Code to a Cub		
Plan a nature ramble for Cubs so that they can:		
a) Listen to and identify sounds		
b) Look for and identify interesting objects		
Demonstrate flag and national anthem etiquette		
State and explain water safety rules		
Assist Cubs to make contact with other Cubs		
Plan a visit to a place of cultural or historical interest		
Demonstrate the following first aid:		
a) How to treat a simple graze or cut		
b) How to summon help in the case of accidents		
c) How to maintain an open airway		
Assess whether a Cub is being useful:		
a) At home		
b) In the Pack		
Demonstrate the correct use of the following:		
a) Reef knot		
b) Slip reef		
c) Sheetbend		
d) How to hank a rope		
Lead the singing of three Cub campfire songs		

Area of knowledge / skill	I can do	I can't do
Make an outdoor fire and cook something over it		
Assist Cubs in making an item using natural materials		
Demonstrate how to greet others in two different languages		
Assist Cubs in finding out what tools make life easier in their homes		
Assist Cubs to live tidily for at least one month		
Demonstrate the following to Cubs:		
a) The throwing of a ball		
b) Hopping		
c) How to sit correctly		
d) How to stand correctly		
e) How to walk correctly		
f) How to make and send a greetings card		
Recite the Cub Prayer		
Assess whether a Cub at Cheetah level is:		
a) Keeping the Promise and Law		
b) Showing a growing understanding of Duty to God		
c) Showing a growing understanding of Duty to Country		